Short communication

DOI:10.2478/rrlm-2021-0010

# The positive rate of IgM and IgG antibodies against SARS-CoV-2 is similar in severe and non-severe COVID-19 patients

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## Abstract

**Background**: Coronavirus disease 2019 (COVID-19) has spread rapidly in China and globally. In order to control the spread of the epidemic, it is important to find an efficient diagnostic method. **Objectives**: The aim of this study was to assess the responses of antibodies during SARS-CoV-2 infection in relation to disease severity and to evaluate the association between the positive rate of antibody detection and nucleic acid test. **Methods**: Ninety patients with SARS-CoV-2 infection were recruited in this retrospective observational study. Demographic, clinical data, and SARS-CoV-2 IgM and IgG antibodies in serum specimens were detected at 4 and 6 weeks after diagnosis. **Results**: IgM and IgG antibody levels showed a decreased tendency, the titers at week 4 were higher than the titers at week 6: The positive rates of IgM at week 4 and 6 were 92.9% and 67.9%, respectively. The positive rates of IgG at week 4 and week 6 were 100%. No association was found between the positive rate of antibody detection at week 4 or 6 and that of nucleic acid test (P>0.05). No difference between the positive rate of antibody detection is an effective means in the diagnosis of COVID-19. The titer and positive rate of IgM are lower than those of IgG in the first six weeks after infection. Positive rate of antibodies was not different between severe and non-severe patients.

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*Keywords:* COVID-19, SARS-CoV-2, Serological test Received: 1<sup>st</sup> October 2020; Accepted: 4<sup>th</sup> January 2021; Published: 15<sup>st</sup> January 2021

#### Background

Coronavirus disease 2019 (COVID-19) caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has spread rapidly in China and globally. The global mortality rate was reported to range from 1.5–3.6% (1). The number of infections and deaths is still increasing daily, such widespread outbreaks lead to serious public health threats and tremendous economic loss. COVID-19 has the characteristics of rapid transmission, atypical clinical symptoms, and it is easy to be misdiagnosed. In order to control the spread of the epidemic, it is important to find an efficient diagnostic method.

The standard diagnosis of COVID-19 infection depends mainly on viral antigen detection through real-time reverse transcription polymerase chain reaction (RT-PCR) assays of nasal swab, pharyngeal swab, and other specimens (2). However, numerous "suspected" COVID-19 cases with typical clinical characteristics and/ or specific computed tomography (CT) imaging have not been diagnosed. Nucleic acid test carries the obvious risk of false-negatives due to low viral loads in specimens, sampling site, transportation and storage, laboratory testing conditions and personnel operations. Additionally, many factors such as insufficient kits, disease course, and patients' immune status can influence the diagnostic process, which limit the use of this method for outbreak control. Compared with RT-PCR, the antibody detection is usually faster, cheaper, and easier to operate. Titers of SARS-CoV-2 antibodies can provide information on the progress of viral infection. SARS-CoV-2 has some similarities to SARS-CoV and MERS-CoV as a beta-coronavirus. IgM is detectable as early as 3-6 days after infection, and IgG can be detected after 8 days (3). Rapid and specific antibody detection can help to confirm or exclude suspected cases and has been recommended by the *Guidelines of Diagnosis and Treatment for COVID-19 (Seventh Trial Version)* issued by National Health Commission of China (4).

The aim of this study was to assess the responses of antibodies during SARS-CoV-2 infection and evaluate the association between the positive rate of antibody detection and nucleic acid test.

#### Methods

## Patients

This retrospective observational study was conducted at the Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology from February 2, 2020 to March 25, 2020. Ninety patients with SARS-CoV-2 infection were recruited in this study according to the Guidelines of Diagnosis and Treatment for COVID-19 (Seventh Trial Version) of China. Confirmed cases should meet one of the following criteria: (1) a positive result of SARS-Cov-2 RNA was detected by RT-PCR, (2) the virus gene sequencing of blood samples or respiratory was highly homologous with SARS-CoV-2, and (3) SARS-CoV-2 IgM and IgG antibodies in serum specimens were positive; IgG antibodies changed from negative to positive or increased 4 times or more in the recovery phase compared with the acute phase. The severity of COVID-19 should meet one of the following criteria: (1) respiratory rate  $\geq$  30/min, (2) finger of oxygen saturation  $\leq$  93% in a resting state, and (3) arterial oxygen tension /inspiratory oxygen fraction  $\leq 300 \text{ mm}$ Hg. Clinical retrospective data including demographic characteristics, clinical symptoms and laboratory findings were retrieved from medical records. The study was approved by the Ethical Committee of Tongji Hospital, Tongji Medical

College, Huazhong University of Science and Technology and China-Japan Union Hospital of Jilin University. Informed consent was obtained from all subjects.

#### SARS-CoV-2 antibody detection

The new coronavirus (2019-nCoV) IgM/IgG antibody detection kit (colloidal gold method) was provided by Vazyme Biotech Co., Ltd., Nanjing, China and the storage temperature was 4°C. Antibody detection adopts capture method and solid-phase chromatographic immunoassay for detection. The sensitivity was 91.54% (95%CI: 86.87%, 94.65%), and the specificity was 97.02% (95%CI: 94.74%, 98.33%). IgM and IgG titers  $\leq 10$  AU/ml were considered as negative, and >10 AU/ml were classified as positive.

#### Statistical analysis

Continuous variables are described as the mean  $\pm$  standard deviation (SD) or the median (interquartile range, IQR). Categorical variables were presented as the frequency and percentage (%) and assessed using Pearson Chi-square test or Fisher's exact test. Wilcoxon matched-pairs signed-ranks test was used to compare the antibody titers at week 4 and 6. McNemar's test was used to analyze the difference in the positive rate of antibody between IgG and IgM at week 4. Results with two-sided *P* values less than 0.05 were deemed to be statistically significant. All analyses were performed by IBM SPSS 24.0.

## Results

A total of 90 patients with confirmed COVID-19 were included in this study, 40 (44.4%) male patients and 50 (55.6%) female ones. The median age was 65.00 years old (interquartile range: 55.00–72.25 years). Sixteen (17.8%) patients were classified as severe COVID-19 and 71 (78.9%) patients were considered as non-severe COVID-19. Fever, cough, dyspnea, headache,

and diarrhea were common symptoms. Table 1 shows the baseline characteristics of patients with COVID-19. Titers of SARS-CoV-2 antibodies were tested twice. Ninety patients were conducted antibody detection at week 4, however, we tested 84 patients at week 6 because six patients were discharged from hospital. IgM titers at week 4 and 6 were 60.50 AU/ml and 17.50 AU/ml, respectively, whereas IgG titers at week 4 and 6 were 189.00 AU/ml and 108.00 AU/ml, respectively. IgM and IgG antibody levels showed a decreased tendency, the titers at week 4 were higher than the titers at week 6 (figure 1). The differences were statistically significant (P<0.001) (Table 2).

We found that most patients had higher levels of IgM and IgG at week 4 than week 6. Table 3 show the results of comparison of the posi-

Table 1. The clinical characteristics and biochemical values of patients with COVID-19 (N=90)

(N=90)			
Characteristics	Median (IQR)		
Age, y	65.00 (55.00, 72.25)		
Sex, n (%)			
Female	50 (55.6)		
Male	40 (44.4)		
Severe, n (%)			
Yes	16 (17.8)		
No	71 (78.9)		
Fever, n/N (%)	38/45 (84.4)		
Cough, n/N (%)	42/45 (93.3)		
Dyspnea, n/N (%)	34/45 (75.6)		
Headache, n/N (%)	28/45 (62.2)		
Diarrhea, n/N (%)	23/45 (51.1)		
Leukocyte count, ×10 <sup>9</sup> /L	5.87 (4.61, 7.34)		
Neutrophil count, ×10 <sup>9</sup> /L	3.85 (2.65, 4.80)		
Lymphocyte count, ×10 <sup>9</sup> /L	1.24 (0.87, 1.69)		
Hemoglobin, g/L	125.00 (114.00, 138.00)		
CRP, mg/L	15.60 (3.15, 62.90)		
ALT, U/L	23.50 (14.75, 42.25)		
AST, U/L	23.50 (18.00, 37.00)		
Total bilirubin, µmol/L	9.90 (8.50, 13.50)		

CRP, C-reactive protein; ALT, Alanine aminotransferase; AST, Aspartate aminotransferase.

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	<b>4</b> w	6w	Ζ	Р
IgM, AU/ml	60.50 (26.50, 115.50)	17.50 (7.64, 39.00)	-7.551	< 0.001
IgG, AU/ml	189.00 (161.75, 297.00)	108.00 (86.25, 169.00)	-7.207	< 0.001
	Table 3 The comparison of Ig	M positive rate at week 4 an IgM-4w	//	
	Negative	Positive	$\chi^2$	Р
IgM-6w			17.048	< 0.001
Negative	6 (100.0)	21 (26.9)		
		57 (73.1)		

Table 2 The comparison of IgM and IgG titers at week 4 and 6 [Median (IQR)]

tive rate of IgM at week 4 and 6.-The positive rates of IgM at week 4 and 6 were 92.9% and 67.9%, respectively. We found the difference in the positive rate of IgM between week 4 and 6 (P<0.001). There are no differences in the positive rate of IgG between week 4 and 6. The positive rates of IgG at week 4 and week 6 were 100%. (Table 4). In order to observe the association of the positive rate of antibody with the severity of COVID-19, the patients were divided according to the severity of COVID-19. No association was observed in the positive rate of

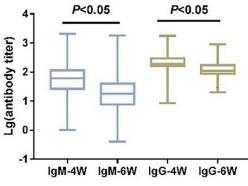


Fig. 1. The titers of IgM and IgG antibody in each patient

antibody between severe patients and non-severe patients (P>0.05) (Table 5).

In this study, the positive rate of nucleic acid test was 46.7%, the negative rate was 53.3%. No association was found between the positive rate of antibody detection at week 4 or 6 and that of nucleic acid test (P>0.05) (Table 6).

## Discussion

COVID-19 pneumonia has been confirmed as a risk of human-to-human transmission (5). It is necessary to find an accurate and rapid laboratory method for diagnosis. Nowadays, the serological test has become an approach to diagnose COVID-19. Data from the SARS outbreak indicate that viral antibodies are effective for serologic diagnosis (6). In addition, an epidemiological investigation of viral-specific IgM and IgG levels in the population will help to fully understand how many people have been infected. This information can determine the proportion of different types of infections and analyze the complete spectrum of COVID-19 (7). In our study, we assessed the responses of viral-specif-

Table 4 The comparison of IgG positive rates at week 4 and 6 [n(%)]

	IgG-4w		. 2	n
	Negative	Positive	- χ²	P
IgG-6w			0.000	1.000
Negative	0 (0.00)	0 (0.0)		
Positive	0 (100.0)	84 (100.0)		

ic IgM and IgG during SARS-CoV-2 infection and found no association of antibody detection with nucleic acid test in the positive rate. Most of infection cases in this study were the elderly, which is similar to other studies (8). Compared with young and middle-aged patients, elderly people with comorbidities are susceptible to SARS CoV-2 infection and are prone to develop severe illness, resulting in a higher mortality rate (2, 9). A percentage of 17.8 was represented by severely affected cases by the virus and 75.1% cases was not severely affected. The severity and case fatality rate of COVID-19 pneumonia are

much lower than SARS and MERS. There is a certain relationship with the strict prevention and control efforts of the country. Close contacts need to be isolated and suspected infected persons are required to go to the designated hospital as soon as possible. Fever and cough were the common symptoms, which is consistent with recent studies (10, 11).

Zhang et al. (12) found that the positive rates of IgM and IgG were 81% and 100% on day 5, respectively. The positive rate of IgG was similar to our result, but the positive rate of IgM was higher than our result. The possible reasons for

	Severe	Non-severe	$\chi^2$	Р
IgM-4w			< 0.001	>0.05
Negative	2 (12.5)	7 (9.9)		
Positive	14 (87.5)	64 (90.1)		
IgG-4w			-	$>0.05^{*}$
Negative	0 (0.0)	1 (1.4)		
Positive	16 (100.0)	70 (98.6)		
IgM-6w			< 0.001	0.997
Negative	5 (35.7)	21 (31.3)		
Positive	9 (64.3)	46 (68.7)		
IgG-6w			-	-
Negative	0 (0.0)	0 (0.0)		
Positive	14 (100.0)	67 (100.0)		

'Fisher's exact test

Table 6 The association between antibody detection and nucleic acid test [n(%)]

	Nucleic acid test		2	
Antibody detection	Negative	Positive	$\chi^2$	Р
IgM-4w			-	>0.05*
Negative	5 (10.4)	4 (9.5)		
Positive	43 (89.6)	38 (90.5)		
IgG-4w			-	>0.05*
Negative	1 (2.1)	0 (0.0)		
Positive	47 (97.9)	42 (100.0)		
IgM-6w			0.471	0.493
Negative	13 (28.9)	14 (35.9)		
Positive	32 (71.1)	25 (64.1)		
IgG-6w			-	-
Negative	0 (0.0)	0 (0.0)		
Positive	45 (100.0)	39 (100.0)		

\*Fisher's exact test

the difference are the different testing time, study population, and sample size. IgM can be detected 3-6 days after infection, the positive rate of antibody increased in time and then decreased. The study conducted by Du et al. (7) showed that antibody titers were consistent with clinical manifestations. They suggested that antibody detection can be used as an indicator to judge the progression stage of COVID-19 and the antibody levels of patients in recovery period were not always maintained at a high level. Our result is consistent with a study conducted by Hou et al. (13), which found that the positive rates of IgM and/or IgG antibody in mild, severe, and critical patients were not significantly different. In our study, we did not find a relationship between serological test and molecular detection in positive rate. The window period refers to the period from virus infecting human to the time when the virus antibody can be detected in peripheral blood. IgM antibodies are produced early and provide the first line of humoral immune defense, but the concentration is low, the maintenance time is short, which is a diagnostic indicator of acute phase infection. Afterwards, IgG antibodies are initiated and indicate mid-late or previous infection (14). Compared with serological test, nucleic acid detection can detect cases early. A number of studies assessed the diagnostic value of antibody detection, and proved antibody detection was an effective tool of diagnosis for SARS-CoV-2 infection (15, 16). However, few studies compared the positive rate of nucleic acid detection and serological test.

There are several limitations of this study. Firstly, selection bias was inevitable in this retrospective study, and the conclusions should be extended with caution because of the small sample size. Secondly, false-negative and false-positive results of nucleic acid test and antibody detection may influence the discoveries. Thirdly, the 4<sup>th</sup> week refers to the time from the onset of symptom to blood collection for serological testing. The antibody kit was not enough when the patient was admitted to the hospital, so the unified starting point for antibody testing was selected as week 4. Finally, the patient failed to perform antibody testing after discharge from the hospital to clarify the regularity of antibodies and the duration of maintenance in the body.

In **conclusion**, antibody detection is an effective means in the diagnosis of COVID-19. The titer and positive rate of IgM are lower than those of IgG. No association was found in positive rate between antibody detection and nucleic acid test.

#### Abbreviation

COVID-19: coronavirus disease 2019 SARS-CoV-2: severe acute respiratory syndrome coronavirus 2 RT-PCR: reverse transcription polymerase chain reaction CT: computed tomography CLIA: chemiluminescence immunoassay SD: standard deviation IQR: interquartile range CRP: C-reactive protein; ALT: Alanine aminotransferase AST: Aspartate aminotransferase

#### Acknowledgments

Not applicable.

## **Author Contributions**

JN, YQ, SYY, and SHY conceived and designed the protocol. YB, TJ, SH, and WS performed data collection and analysis. SYY and SHY contributed to manuscript preparation. All authors read and approved the final manuscript.

## **Conflict of Interests**

The authors declare that there is no conflict of interests to disclose.

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